



## The A List: Specialist Equipment & Materials

(N.b., these items are not included in the cost of the course.)

Qty	Item	Best / Intermediate +	Budget Alternative	Beginners Basic Alternative	Approximate Size / type/colours
1	<b>Board</b> (ready to paint)	Traditional Gessoed Linden Wood board	Gessoed Marine Ply (12mm /18mm thick)	Thick white card	Small: A5 / 25 x 20 cm Med: A4 / 20 x 30 cm
Set of 4 (min)	<b>Brushes*</b> (round, short handled)	Sable	Synthetic-sable mix	Synthetic (as per watercolour)	Fine: 0 or 1 Small: 3 or 4 Med: 5 or 6 Large: 7 or 8
1	<b>Mixing Brush</b>	Nylon	n/a	n/a	8 - 10
1	<b>Palette</b> (multi-well)	Ceramic	Plastic	Plastic ice cube tray	n/a
1 of each	<b>Pigments</b> (for egg tempera)	Natural, mineral colours  UK Suppliers: Cornelissen's Kramer	Quality acrylic paint	Basic acrylic paint	(Small pots or tubes)  Yellow Ochre Red Ochre Raw Sienna Burnt Sienna Black White Raw Umber Ultramarine Blue
1	<b>Mini-measure</b> (for measuring egg yolk)	Glass/plastic	Shot glass	S Small clear plastic pot	0-35 ml / 1¼ fl oz
1	<b>Scribing tool</b>	Carbide or diamond tipped	Steel etching tool	Compass point	n/a
1	<b>Low Tack Masking Tape</b>	'Tesa' brand (the pink sort)	DIY Low tack tape	Masking tape	Approx 2.5 width

\*In the U.K., Cass Art sell a set of 5 assorted 'Sable for Watercolour' brushes for £19.95. Brush Sizes: 8, 4, 3, 1 and 00)

**N.b. The 'B' list of general, easily obtainable kit will be sent out before the course.**

# Notes

**Gesso Panels for Sale:** I have a very small stock of professional and budget ply boards available for students booked on a course. Please email to reserve a board, the cost can be added to your course fee or paid separately. The board will be sent in advance.

**Professional Small:** 25 x 20 cm (£39.00 each inc P&P)

Quality linden wood icon boards, traditional *kovcheg* (rebated) type, with RSG based gesso to a Greek recipe.

**Budget Ply Icon Boards** 25 x 20 cm (£12.00 each inc P&P)

N.B. These boards will need to be sanded down with to prepare for use. (400, 600, 800 grade Wet & Dry recommended.)

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## Gilding (Optional)

The original icon we are studying does not have a halo (anymore) but it does have the remains of a simple gilded background. **Beginners or anyone using thick card as a support will not be able to gild** for technical reasons and should note that the icon's background can easily be painted in yellow ochre instead. (An alternative is to use some imitation leaf + acrylic size.) A painted background is a good option if you also lack time.

- If you wish to gild using genuine leaf (22ct -23ct) it is only possible to gild on a rigid, wooden, gessoed and suitably prepared and sized support (acrylic/shellac size).
- The oil gilding method will be the easiest option in the time available ('12-hour' oil size = recommended maximum drying time).
- Please remember to use the transfer format of leaf for oil gilding (unless you have a gilder's cushion, knife and tip and are experienced handling loose leaf)

Help/tuition with the oil gilding technique will be available, but please spare a thought for the appropriateness and ethical issues of using genuine gold leaf in relation to your painting skills.