



## UK STOCKISTS

- Most items, including small 15ml pots of pigment, can be ordered online from Cornelissen's (<https://www.cornelissen.com/>).
- Gold Leaf Supplies (<https://www.goldleafsupplies.co.uk/>) may have half-books of gold leaf.
- Atlantis Arts and other supplies may have alternative supplies of pigments etc.

## ICON BOARDS & PIGMENT SETS

- Helen may have some professional gessoed linden boards (from £40) and cased sets of 12 pigments (£50) in stock - please ask.
- Smaller quantities of the Caput Mortuum and the less available Verdaccio pigments may also be available direct from Helen.
- One of the best suppliers for icon boards (and everything else) is Dal Molin in Italy. They have an international mail order service (but close for August and Christmas).  
[https://www.dalmolinicone.it/en/products/rectangular-icon-boards-in-linden-wood/a\\_ENG\\_5\\_1.php](https://www.dalmolinicone.it/en/products/rectangular-icon-boards-in-linden-wood/a_ENG_5_1.php)
- There are also (untried) suppliers on Etsy. If you are new to icon painting - and not gilding, the clay boards from 'Ampersand' are a cheap and suitable support for light egg tempera work.

## GILDING

- The icon we are working from has a gilded background, halo and gospel book, however you do not have to gild your icon and can paint these elements instead.
- The recommended gilding method will be 'oil-size' gilding for the project icon.
- If new to icon painting, it is best to acquire the essential painting skills in tempera, before gilding.

Qty	Item	Spec	Notes
1-3	<b>Paper</b>  (for preparatory studies)	A3 or larger sheets of grey or light brown sugar paper - or cartridge paper  A3 or 30 x 30 cm thick water colour paper	Large sheet for the sketching exercise in Video 3  Rough rag 'Khadi' paper is ideal for the preparatory tempera study in Video 4
1-3 pcs each	<b>Charcoal, white chalk, putty /general eraser</b>	Willow charcoal Conte chalk	Thinner, sketching type of charcoal
1	<b>Icon Board</b>	Flat board, approx 32 x 20 cm with traditional gesso preparation*  (board shape; either a pointed 'gable-top, arched shape or rectangular)	N.b., the video features a 'gable' shaped (pointed) board, 31.5 x 20.5 cm, made from linden wood  Alternatives: 18mm marine ply boards, rectangular or shaped, with traditional gesso.  'Clay' boards from 'Ampersand' (not for gilding)  * If making your own boards, do not use modern 'gesso' products which contain acrylic.
		<b>GILDING MATERIALS</b> (OPTIONAL)	

I small tube/pot	<b>Acrylic Paint</b>	'Soft Body' / 'Fluid' acrylic Colour: Red Oxide  (Preferred brands: Liquitex / Golden)	This type of acrylic paint gives a particularly smooth finish - if applied in slightly diluted, even layers. Good for gilding over.
8-10 sheets	<b>Gold Leaf</b>	Type: ' <b>Transfer</b> ' 22ct  Any shade you like.	' <b>Transfer</b> ' leaf (not 'loose' leaf) is required for this project. Take care when ordering!
I TBS approx	<b>Gold Size (aka 'Mixture')</b>  (Solvent: Turps substitute)  .	Oil based – not water-based/acrylic size  12-Hour or 3 hr Small bottle size: 75ml	Test any old/existing stock you may have for its drying time. If a 12 hr size takes longer than 20 hours to dry, you will need to replace it.  N.B., oil gold size must be used in a well-ventilated area as this product has <b>very strong fumes</b> . It does not dry well in cold damp environments.
4 +	<b>Sable Brushes</b>	Sizes: Fine: 0 or 1 Small: 3 or 4 Med: 5 or 6 Large: 7 or 8	Type: 'round', <u>short</u> handled brushes (as for watercolour painting) Sable holds tempera superbly and is best for blending. Synthetic-sable mix are a cheaper alternative. No need to buy expensive Kolinsky sable. Check all brushes have a good 'pointy' tip.
I	<b>'Rigger' or 'Liner' Brush</b>	Synthetic-Sable Size: 1 or 2	Very useful longer-haired brushes for line work / delineation.
I	<b>'Poster Brush'</b>	Synthetic-Sable 'Flat bright',  Size: 8/10 or 1/4 or 3/8	Soft 'flat' brush with a straight edge and crimped ferrule - good for achieving smooth finish of size or varnish etc over large areas.
I	<b>Mixing Brush</b> Nylon or Hogg	Stiff bristle, short-handled Size: 8 - 10	Avoid using sable brushes for mixing tempera. Stencil brushes are ideal.
I or 2	<b>Palette</b>	Multi-well type Ceramic or plastic	
I of each	<b>Pigments</b>	Yellow Ochre Raw Sienna (not essential) Red Ochre Burnt Sienna Vermilion (artificial) Cadmium Red (not essential) Titanium or Zinc White Black Raw Umber	Dry powder form. Only very small amounts will be required, 10 -15ml pots typically.  *A Verdaccio alternative can be mixed from yellow ochre, black and burnt sienna.

		Ultramarine Blue Mars Violet  * Verdaccio Green (mossy green) ** Caput Mortuum (violet-cocoa)	** Caput Mortuum is less easy to duplicate, best to experiment with raw umber and violet...
I	<b>Casein paint*</b>	Currently it's best to shop around for small artists tubes of casein in a mid-red shade. White casein is useful too.	*Only necessary if you are gilding the halo & background  For painting halo outline and inscriptions on gold.
I	<b>Cook's measure</b>	Small /medium	For measuring egg yolk and water
I	<b>Stylus/ Scribing tool</b>	Carbide / diamond tipped	Sold for metal working or etching.
I	<b>Low Tack Masking Tape</b>	Approx' 2.5 width or wider	Recommended Brand: 'Tesa' - pink tape variety. Expensive but worth it.
<b>OPTIONAL ITEMS</b>			
I	<b>Dividers</b>	Steel, adjustable type  Small or Medium 10 cm	Needed for incising the halo. Sold for metal working or etching. An alternative would be to use a very hard pencil in a compass.
I	<b>Ruling pen</b>	Small size	Pen-like tool used in a compass with liquid casein paint to apply fine line around a halo – takes a lot of practice. A steady hand and fine brush is often preferable.
I	<b>Painter's Bridge</b>	Wood or rigid plastic	Very useful to support working hand away from surface of work. A piece of felt or a cotton glove can be used instead.
	<b>Transfer paper</b>	Brands: Tracedown or Saral	For transferring the design to the panel. Dry red ochre pigment smeared on the back of the pattern is a good alternative.

## The B List: General Kit

Small pair scissors	
30cm rigid plastic/wooden rule	
2B / H and 6H pencils or harder	For sketching, and transferring

Pencil Compass	The simple 'school' sort, with stiff hinge
2 jars / water-pots	
1 tablespoon / large spoon	
1 roll kitchen paper towel	
Cotton buds	
Cotton wool bolls	
Plastic Pipette	
Hens Eggs	Fresh - size doesn't matter! (Goose eggs are not suitable.)
White wine vinegar	
Kitchen Sink / Washing-up bowl	To soak used palettes. Please wipe out palettes before washing up to save putting pigments into the water course.